



HAIGHT TO RUN 5K



Saturday, May 9, 2009

“One of the most challenging cross country races in Connecticut!”

Race time: 10:00 a.m.

Registration begins at 9:00 a.m.

FEE: \$15.00 before May 3, 2009

(*\$20 race day!*)

The first 60 runners entered get a “Grape Race” hat!!!

The race is sponsored by: LITCHFIELD PARKS & RECREATION

Hosted by: HAIGHT-BROWN VINEYARDS AND WINERY

AGE GROUPS:

(18 and under) (19-29) (30-39)

(40-49) (50-59) (60 and over)

Free Fun Run for the kids!!!

After the race, you are invited to tour the vineyards and winery on Chestnut Hill in Litchfield.

REGISTRATION FORM

Mail to: Litchfield Parks & Recreation, P.O. Box 12, Bantam, CT 06750

NAME _____

AGE _____ SEX _____

E-MAIL _____

MAILING ADDRESS

TOWN/CITY _____ STATE _____ ZIP _____

Phone: _____

Being of full age and in consideration of my participation in the event, I do hereby release and forever discharge the Town of Litchfield and any volunteers associated with this event from all claims arising out of any and all personal injuries, damages, expenses and any loss or damage whatsoever resulting or which may result from my participation. I also certify that I am physically fit and sufficiently trained to compete in this event.

DATE _____

(Signature of Participant or of Guardian if Participant is under 18 years of age)

